

Earth Day fun



Earth Day is a day designed to inspire awareness and appreciation for the Earth's environment, and provides the opportunity for positive actions and results promoting activism and environmental protection. Earth Day Canada (EDC) is a national environmental charity founded in 1990 and it provides Canadians with the practical knowledge and tools they need to lessen their impact on the environment, and has been recognized worldwide for its innovative year-round programs and educational resources. Earth Day events are designed to encourage environmentally aware behaviours, such as recycling, using energy efficiently, and reducing or reusing disposable items. In Canada, Earth Day has grown into Earth Week and even Earth Month to accommodate the profusion of events and projects.

What can you and your child do to make a difference?

- Encourage your family to recycle (every glass bottle you recycle saves enough energy to run a TV for an hour and a half, while recycling an aluminum can saves enough energy to run your TV for three hours!).
- Switch to energy efficient light bulbs.
- Turn off the lights or other electrical items when you leave a room.
- Use reusable containers for snacks and lunches.
- Remember to bring your cloth bags when grocery shopping.

Little things together can make a huge difference – Globally.

Earth Day Books for baby to preschooler

A Garden of Opposites, Nancy Davis Good for teaching words to very young children while culturing an appreciation for the environment.

One Light, One Sun, Raffi Songs to read for the very young child, it emphasizes how we all share our world.

Swimmy, Leo Lionni Learn about how and when animals (and people) work together, big things can be accomplished.

Charlie and Lola, We are Extremely Very Good Recyclers, Lauren Child and Bridget Hurst Charlie teaches his younger sister Lola about recycling and she shares her excitement with her school. Along with the help of her classmates, especially her friend Mortan and his messy brother, they recycle enough to earn a school tree.

The Great Paper Caper, Oliver Jeffers Children will be thrilled by the story, and parents by the funny illustrations, of this mysterious tale of the missing trees. Once the animals find the culprit they teach him the necessity to recycle paper and plant trees.

A Child's Good Morning Book, Margaret Wise Born and Karen Katz Wake up with the world. This poem is a cheerful way to start your day, saying good morning to all the beautiful things and creatures in the environment.

Coffee Ground "Fossils"

What you'll need:

1 cup of used coffee grounds

1/2 cup of cold coffee

1 cup of flour

1/2 cup of salt

Wax paper

Mixing bowl

Some small objects to make impressions in the dough (Shaped cookie cutters work well.)

Empty can or a butter knife

Toothpicks, optional

String to hang your fossil, optional

How to make it:

- Stir together the coffee grounds, cold coffee, flour, and salt until well mixed.
- Knead the dough together and then flatten it out onto the waxed paper.
- Use the can to cut out circles of the dough or use the dull knife to cut slabs large enough to fit your fossil objects.
- Press your objects firmly into the dough. When you take the object out, you have your fossil. If you want to hang the fossil, poke holes into the edge to hold the string.
- Let the fossil dry overnight (and up to two days) or
- To reduce the drying time, bake the fossils for a short period of time to get the “dough” to harden.

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